

METABOLIQ™ shake



STABILIZE YOUR
BLOOD SUGAR WITH
METABOLIQ SHAKES
AND STICKS TO REDUCE
YOUR CRAVINGS AND
FUEL YOUR BODY.*

Breakfast is the most crucial meal of the day. Most people set themselves up for failure for the rest of the day by eating too many carbohydrates for breakfast. If you consume too many carbohydrates, you will have a spike in blood sugar levels. When your blood sugar levels spike, insulin is activated to quickly stabilize the sugar from your bloodstream by transporting the sugar into your cells. This large swing in blood sugar levels after consuming large amounts of carbohydrates is often called a “crash” and can make you feel fatigue, mood swings, lower energy levels and hunger. Most people then eat again because they are feeling hungry, causing another a spike, followed by a crash. The cycle continues to repeat itself, and can result in over-eating.

It's important to remember your food choices each morning will determine if your body will store or burn fat. In addition, your breakfast choices help determine whether you'll feel hungry or satisfied, tired or energized. Even if you're on the go, you can still get the nutrients and fuel your body needs to energize itself.

That's why we created the METABOLIQ™ Shake. Formulated at about 200 calories, it's truly the perfect meal replacement, especially for breakfast. Based on real science and proven in clinical trials, the METABOLIQ Shake contains the optimal metabolic balance of quality proteins, essential amino acids, fiber, Qivana's smart carbohydrate blend and the healthy fats you need to maximize fat burning. The METABOLIQ Shake was specifically developed to help you energize your lean muscles to burn body fat and rapidly stabilize your blood sugar while reducing cravings and eliminating hunger pangs. In addition, you should see improvements in your mood, appetite control and overall health.

Supplement Facts	
Serving Size: 60 grams (1 packet)	
Serving per Container: 30	
Amount Per Serving	
Calories 220	
Calories from Fat 80	
	% Daily Value
Total Fat 9g	14%*
Saturated Fat 4g	20%*
Trans Fat 0g	
Cholesterol 60mg	20%*
Sodium 95mg	4%
Potassium 55mg	2%
Total Carbohydrates 18g	6%*
Sugars 12g	**
Dietary Fiber 4g	16%*
Protein 29g	58%*
Calcium 154mg	15%
Stevia Extract 300mg	**

* Percent Daily Values based on 2,000 calorie diet.
** Daily Value not established.

Suggested Use:

Mix packet with 8-10 oz of water or milk.

Vanilla Shake Ingredients:

METABOLIQ™ Protein Blend (Whey protein concentrate, whey protein isolate, non-fat dry milk, l-leucine, egg white protein), organic cane juice powder, medium chain triglycerides, natural vanilla flavor, inulin, oligofructose powder, chia seed powder, guar gum, xanthan gum, rice syrup solids.

Chocolate Shake Ingredients:

METABOLIQ™ Protein Blend (Whey protein concentrate, whey protein isolate, non-fat dry milk, l-leucine, egg white protein), organic cane juice powder, medium chain triglycerides, dutch cocoa powder, inulin, oligofructose powder, natural chocolate flavor, natural vanilla flavor, chia seed powder, guar gum, xanthan gum, dried honey powder, rice syrup solids.

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METABOLIQ™ stick



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Qivana's METABOLIQ™ Stick is a great-tasting chocolate bar that is made with Qivana's high-quality protein blend, yet macronutrient (proteins, carbohydrates and fats) balanced, making it the perfect snack. METABOLIQ Stick, an all-natural bar, is one of the only bars in the world that utilizes an oven to produce a baked bar superior in taste, flavor, moisture and shelf life. Use the METABOLIQ Stick as an afternoon snack—or it can be taken together with the METABOLIQ Shake as a complete lunch replacement.

Supplement Facts		Amount/Serving	% DV*	Amount/Serving	% DV*	Amount/Serving	% DV*
Serving Size: 1 bar (50g)		Total Fat 6g	9%	Total Carbohydrates 22g	7%	Vitamin A 150 IU	3%
		Saturated Fat 2g	10%	Sugars 7g		Vitamin C 0mg	0%
		Trans Fat 0g		Dietary Fiber 3g	12%	Calcium 85mg	9%
Amount Per Serving		Cholesterol 30mg	10%	Protein 15g	30%	Iron 0.6mg	3%
Calories 210		Sodium 140mg	6%	Calcium 85mg	14%		
Calories from Fat 54							

* Percent Daily Values based on 2,000 calorie diet

Ingredients: Protein blend (whey isolate, whey concentrate, egg, leucine), vegetable glycerin, maltitol, inulin, soy isolate, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin [an emulsifier], vanilla), palm oil, icing (sugar, water, vegetable oil, palm kernel oil, corn syrup, soy lecithin, mono and diglycerides, pectin, potassium sorbate, agar, citric acid, calcium chloride, xanthan gum and salt), cocoa, evaporated cane juice, wheat isolate, monoglycerides, flax powder, natural flavors, citric acid, soya lecithin, beta carotene, palmitate, baking soda, salt, potassium sorbate, calcium propionate, guar gum. Contains milk, soy, wheat and egg products. Manufactured in a plant that processes milk, soy, wheat, egg, peanut and tree nut products.

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METABOLIQ™ boost



VITALIZE YOUR
METABOLISM WITH
METABOLIQ BOOST
TO BURN CALORIES
AND ACCELERATE
FAT LOSS.*

Metaboliq™ boost is a small but incredibly powerful capsule that contains an exclusive, patent pending and proprietary blend of clinically validated weight-loss ingredients. These ingredients have all demonstrated an ability to increase metabolism and reduce body weight.

This formula consists of Puratea™, a proprietary, highly purified, non-caffeinated green tea extract, which has been found to stimulate the metabolism and accelerate weight loss. It stimulates the central nervous system and causes fat to be released into the blood stream for the body to use as fuel. This process of fat being used for energy is called “thermogenesis.” It provides extra energy, sheds excess water and also helps to burn body fat.

METABOLIQ Boost also contains a micro-enrobed capsicum annum extract, which has been shown in multiple studies to burn calories and support healthy weight loss. But that’s not all. METABOLIQ Boost contains L-Carnitine, a naturally-occurring amino acid which plays a vital role in the metabolism of protein, carbohydrates and fat.

The METABOLIQ Boost is backed by human clinical research in which subjects lost three times as much weight as those on a restricted diet who did not take the METABOLIQ Boost. In addition, subjects improved both their waistline and their BMI (Body Mass Index) over a 90-day period.

Supplement Facts	
Serving Size: 1 capsule Serving per Container: 60	
Amount Per Serving	% Daily Value
Vitamin B6 2 mg	100%
Vitamin B12 6 mcg	100%
Proprietary Blend: 215 mg	
Green Puratea™ (Decaffeinated Green Tea leaf extract with absorption technology), Capsicum annum (5A x 2% capsaicinoids), Carnitine L-tartrate	
* Daily Value not established.	

Other Ingredients:

Microcrystalline cellulose, phospholipids, sucrose, natural glaze, magnesium stearate (vegetable source), hypromellose, silicon dioxide, dicalcium phosphate.

Note:

Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions should consult with a physician prior to taking supplements.

Suggested Use:

For best results take two times daily, 30 minutes before breakfast and lunch.

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METABOLIQ™ resist



OPTIMIZE YOUR CALORIES WITH METABOLIQ RESIST TO BLOCK SUGAR RECEPTORS AND INHIBIT SUGAR ABSORPTION.*

People have a natural attraction to sweets. Scientists are trying to understand the calorie imbalances causing the obesity epidemic, which is partly fueled by eating too many sweets. Our brain chemistry plays a crucial role. Research shows that sweets, like many antidepressants, increase the brain chemical serotonin, which helps regulate moods and appetite. Basically stated, people associate sweet tastes with mood improvement and have thus run the risk of developing binge eating behavior and obesity.

Qivana has developed a revolutionary, patent-pending product that has a powerful dual action against sugar. First, it puts you in control and gives you the power to say “no” every time.

This all-natural tablet is based on an Indian herb that temporarily blocks your sugar receptors on your tongue and helps repress powerful sweet cravings for up to two hours. Simply place it on your tongue and allow it to dissolve. METABOLIQ™ Resist is your will power on demand.

Second, the METABOLIQ Resist tablet takes it a step further by also blocking the sugar absorption into the intestinal tract for a period of time as well. You can't taste sugar and you can't absorb it.

Use of this powerful tablet over time can actually change your behavior and reduce your sugar intake. Lose your sweet tooth, and lose your weight.

Supplement Facts	
Serving Size: 1 tablet Serving per Container: 30	
Amount Per Serving	% Daily Value
Calories 5	
Total Carbohydrate 1.2 g	
Sugars 1.2 g	
Gymnema Sylvestre Leaf Extract 20 mg	**
* Percent Daily Value based on a 2,000 calorie diet. ** Daily Value not established.	

Other Ingredients:

Fructose, natural flavors, citric acid, guar gum, stevia, stearic acid, and silica.

Suggested Use:

Take one tablet and dissolve on your tongue five minutes prior to eating any sweet foods.

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